

SALINE COUNTY DEPUTY SHERIFF

ESSENTIAL FUNCTIONS/PHYSICALLY DEMANDING TASKS

Law Enforcement Officers must be capable of performing certain functions essential to their employment. Listed below are some essential functions and physically demanding tasks for Deputy Sheriff. Some of the functions or tasks are not utilized frequently, however, a Deputy Sheriff needs to be able to perform all tasks as needed.

ESSENTIAL FUNCTIONS/PHYSICALLY DEMANDING TASKS

Read daily journals, procedures, regulations, post orders and other written materials relevant to job performance;

Watch for indications of illegal activity in relative darkness or normal lighting;

Listen for unusual sounds that may indicate illegal activity or disturbances;

Bend over to help person (200 lbs.) to standing;

Grip & hold resisting persons to maintain physical control (200 lbs. 5 minutes);

Hold/restrain struggling person (200 lbs. 4 minutes);

Physically defend against and control an attacking person;

Take down and subdue a resisting person;

Use repetitive hand movements;

Kneel &/or bend for sustained period of time;

Run 300' on flat surface;

Run 200' on varying terrain;

Walk up and down 4 flights of stairs;

Run up/down 3 flights of stairs;

Climb or pull oneself over 6' tall obstacle (fence);

Lift objects (68 lbs.) off ground 38" high) w/o assistance;

Lift objects (180 lbs.) off ground (40") w/assistance;

Push (38") vehicle (2 ton) out of traffic by oneself;

Lift objects (50 lbs.) down from elevated surface and place on ground;

Climb/pull oneself onto a large piece of equipment or object (platform 5' high);

Jump down from elevated surface;

Jump/vault over ditch, hole or other hazard (36" wide);

Kneel, squat and recover to feet;

Hold a person (150 lbs.) suspended in air (stop suicide or rescue a person);

(CON'T.)

Perform strenuous physical activities in a series (sprint, run upstairs, wrestle, pull, carry, etc.);

Perform duties wearing full duty gear;

Push door with shoulder;

Kick door with foot;

Bend over and push object;

Carry, by self, an immobile child;

Carry with someone else an immobile child on a stretcher;

Drag by yourself an immobile child;

Drag by yourself an immobile adult;

Crawl under obstruction;

Climb over fence;

Jump/vault over fence or other barrier;

Climb through window or other such opening;

Sprint at full speed (less than 300 yds.);

Quickly exit or enter cruiser;

ACKNOWLEDGEMENT

I _____ have read and understand the Essential Functions/Physically Demanding Tasks description and can perform the essential functions/physically demanding tasks of the job with or without reasonable accommodation.

Signature of Applicant

Date